



# “GIRLS STAND STRONG - REAL LIFE SITUATIONS”

## **LIFE SKILLS GROUP FOR GIRLS Grades 3 thru 5**

**Mondays- April 10, 17, 24 & May 1, 2017**

Sessions will be held at Rochester Administration Building  
501 W. University Drive - Rochester Hills, MI 48309 (Graham Room)

**6:00 - 7:30 p.m.**  
**Facilitated by Erin Zeller, LMSW**

**This 4-week session will include interaction and discussion about:**

- ❖ **Developing Healthy Body Image**
- ❖ **Feeling Empowered**
- ❖ **Healthy Relationships/Friendships**
- ❖ **Positive Communications/Assertiveness Skills**

**A parent/guardian is asked to attend the last session, May 1, 2017.**

**There is a \$10 fee for this group. Space is limited. Registration is required.  
Call Rochester Area Youth Assistance, 248-656-3558, to register or for more information.  
Registration between March 1, 2017 thru March 31, 2017.**



**Presented by ROCHESTER AREA YOUTH ASSISTANCE**  
**3200 W. Tienken Rochester Hills, MI 48306**  
**248-656-3558 [www.raya-mi.org](http://www.raya-mi.org)**

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*This information is shared in partnership with Rochester Community Schools.*