



“GIRLS STAND STRONG”

**TEEN LIFE SKILLS GROUP
FOR GIRLS AGES 11 to 15**

**Sessions will be held at Rochester Area Youth Assistance
3200 W. Tienken Rochester Hills
(Inside Adams High School - enter at main entrance to building.)**

**MONDAYS - APRIL 30; MAY 7, 14 AND 21, 2012
6:00 - 7:30 p.m.**

- This 4-week session will include interaction and discussion about:**
- ❖ **Developing techniques for girls to stand strong in the face of adversity.**
 - ❖ **Effectively dealing with bullying, “mean girls,” gossip, etc.**
 - ❖ **Strategies for resisting peer pressure.**
 - ❖ **Developing healthy coping strategies and inner strengths.**

**Space is limited. Registration is required.
Call 248-656-3558 to register or for more information.**



**Presented by ROCHESTER AREA YOUTH ASSISTANCE
3200 W. Tienken Rochester Hills, MI 48306
248-656-3558 www.raya-mi.org**

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