



“GIRLS STAND STRONG”

**TEEN LIFE SKILLS GROUP
FOR GIRLS AGES 11 to 15**

**Rochester Area Youth Assistance
3200 W. Tienken Rochester Hills, MI
(Located inside Adams High School in the Performing Arts Center - Room #204)**

This 4-week session will include interaction and discussion about:

- ❖ **Developing techniques for girls to stand strong in the face of adversity.**
- ❖ **Effectively dealing with bullying, “mean girls,” gossip, etc.**
- ❖ **Strategies for resisting peer pressure.**
- ❖ **Developing healthy coping strategies and inner strengths.**

Group Facilitators: Pamela Strzalkowski, LMSW & Katrina Edmon, MSW Candidate

Sponsored and presented by ROCHESTER AREA YOUTH ASSISTANCE

Registration is required. Call 248-656-3558 to register or for more information.

